

Purple Teaming

Improving defense by simulating real world attacks

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Agenda

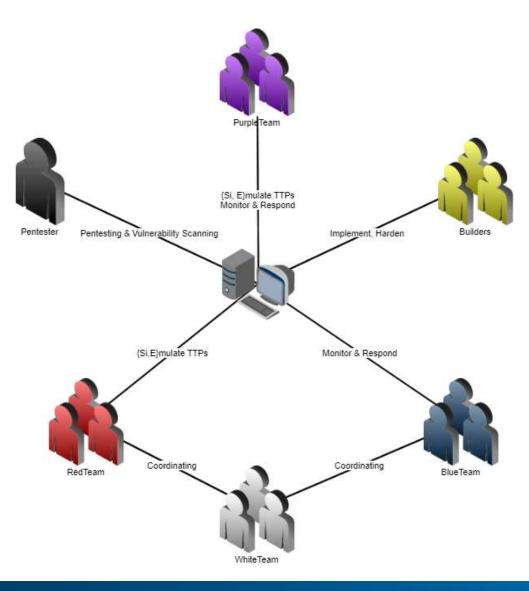
- 1. Introduction
 - 1. Differentiation
 - 2. Motivation
 - 3. Requirements
- 2. Frameworks
- 3. Exercise
 - 1. Attack Modeling
 - 2. Exercise Preperation
 - 3. Conducting the Exercise
- 4. Outcome
- 5. Conclusion
- 6. Questions



Introduction To Purple Teaming

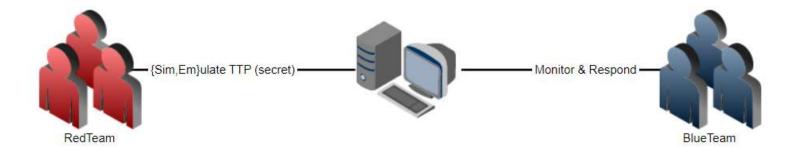
Differentiation

- Teams
- Roles
- Targets



Differentiation

- Red Team Attacks
- Blue Team Detects & Responds
- Debriefing, both work together



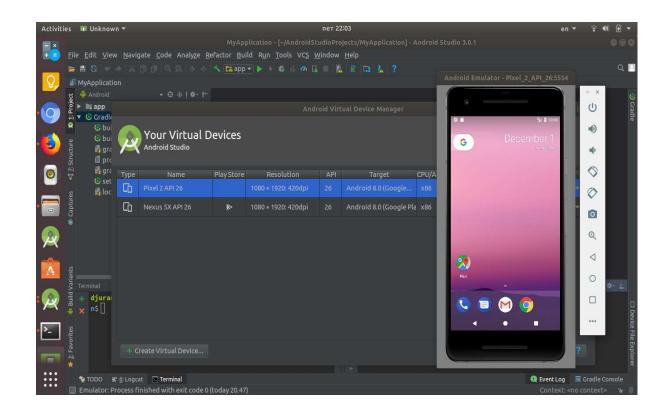
Differentiation - Simulation

A simulation imitates actual behavior and properties.



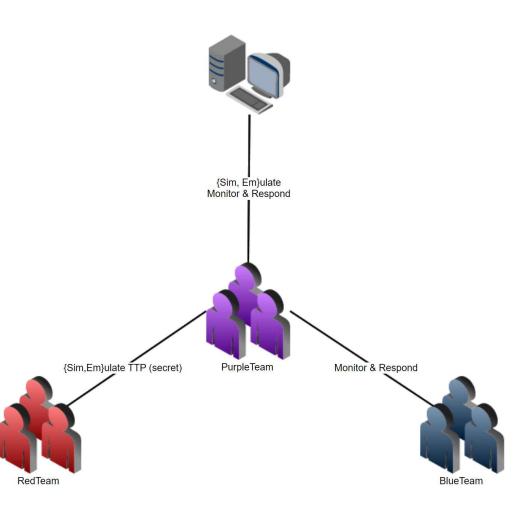
Differentiation - Emulation

An emulation creates a duplicate which conforms to reality.



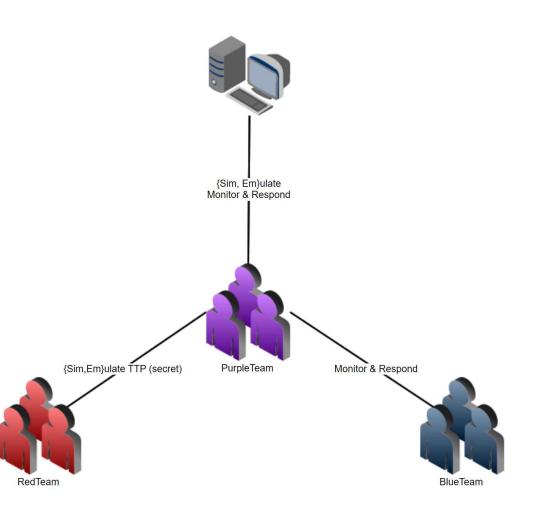
Differentiation

- Cross Functional Team
- One Common Target
- Direct Feedback Loop
- Transparency

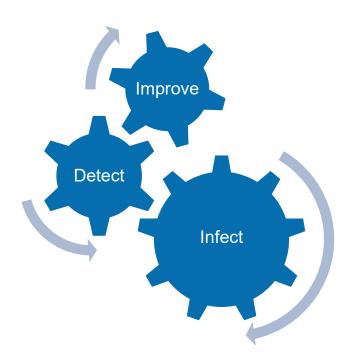


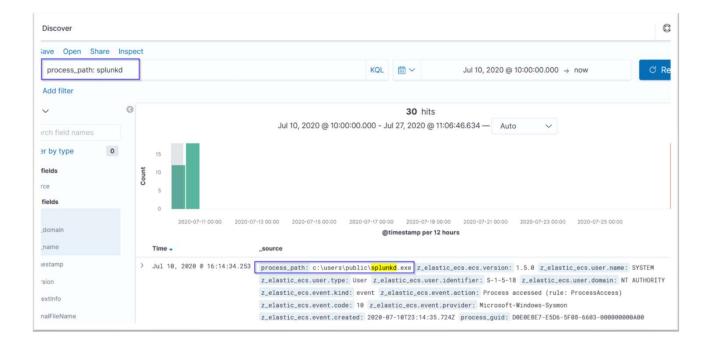
Differentiation

- Atomic unit tests
- Automated approach
- Manual approach



Motivation





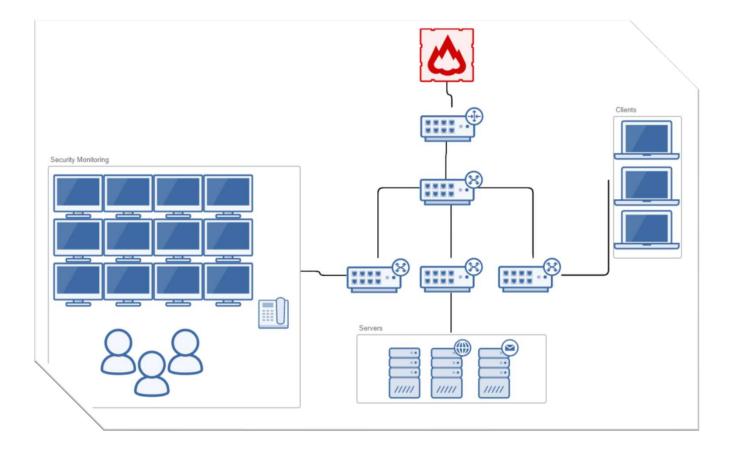
Requirements

Existing Monitoring:

- Central Logging
- SIEM
- EDR

Existing Teams:

- internal/external SOC
- Threat Hunter
- Security Admins
- "someone who looks into it"



Frameworks Organizing Purple Teams

Kill Chains

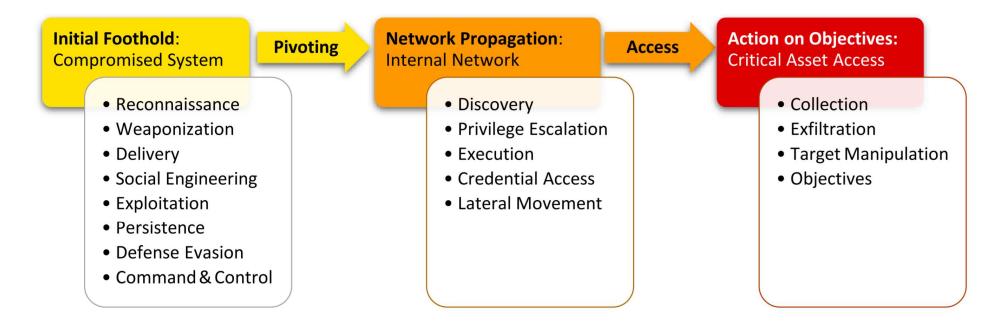
Lockheed Martin's Kill Chain

https://www.lockheedmartin.com/content/dam/lockheed-martin/rms/documents/cyber/LM-White-Paper-Intel-Driven-Defense.pdf



Kill Chains

• Unified Kill-Chain



https://www.csacademy.nl/images/scripties/2018/Paul_Pols__The_Unified_Kill_Chain_1.pdf

ATT&CK Matrix, a common language!

https://attack.mitre.org/matrices/enterprise/

Enterprise Matrix									View on the ATT&CK® Navigator &		
Below are the tact Windows, macOS,				K [®] Matrix for Enterprise.	The Matrix contains	information for t	the following platfo	orms:	About the Enterpr Version Permalink		
			layouts 🔻	show sub-techniques	hide sub-techniqu	les help					
Initial Access 9 techniques	Execution 10 techniques	Persistence 18 techniques	Privilege Escalation 12 techniques	Defense Evasion 34 techniques	Credential Access 14 techniques	Discovery 24 techniques	Lateral Movement 9 techniques	Collection 16 techniques	Command and Control 16 techniques	Exfiltration 9 techniques	Impact 13 techniques

Command and Control

Automated Frameworks:

- Atomic RedTeam
- MITRE Caldera

Manual Frameworks:

- Cobalt Strike
- Covenant
- Metasploit
- Empire



Click a Tab to Start Exploring

Information	Information Code + UI		Agents	Capabilities	Support	
C2		Version Reviewed		Implementation		
Apfell		1.3		Docker		
Caldera		2		pip3		
Cobalt Strike		2		binary		
Covenant		0.3		Docker		
Dali		POC		pip3		
Empire		2.5		install.sh		

https://www.thec2matrix.com/matrix

Demo MITRE Caldera – a short intro

Exercise The initial stages

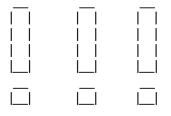
What to {si,e}mulate?

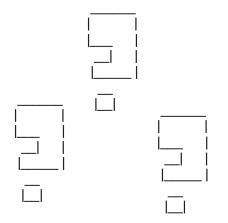
You know:

- Threat Actors targeting your business
- Threat Actors targeting your sector
- Repeat a Red Team
- Prepare a Red Team

You dont know:

- Create your own adversary
- Ransomware targets everyone
- Do unit testing for use cases





Modeling

Emulating an adversary requires good knowledge of the TTPs

How to get that knowledge?

- Threat Intelligence
- Malware Analysis
- ATT&CK Matrix



Modeling

MITRE ATT&CK	Matrices Tactics - Techniques - Mitigations - Groups <u>Software</u> Resources - Blog C Contribute Search Q
	ATT&CK sub-techniques have now been released! Take a tour, read the blog post or release notes, or see the previous version of the site.
SOFTWARE Overview 3PARA RAT 4H RAT ABK adbupd Adups ADVSTORESHELL Agent Smith Agent Tesla	Home > Software Softw

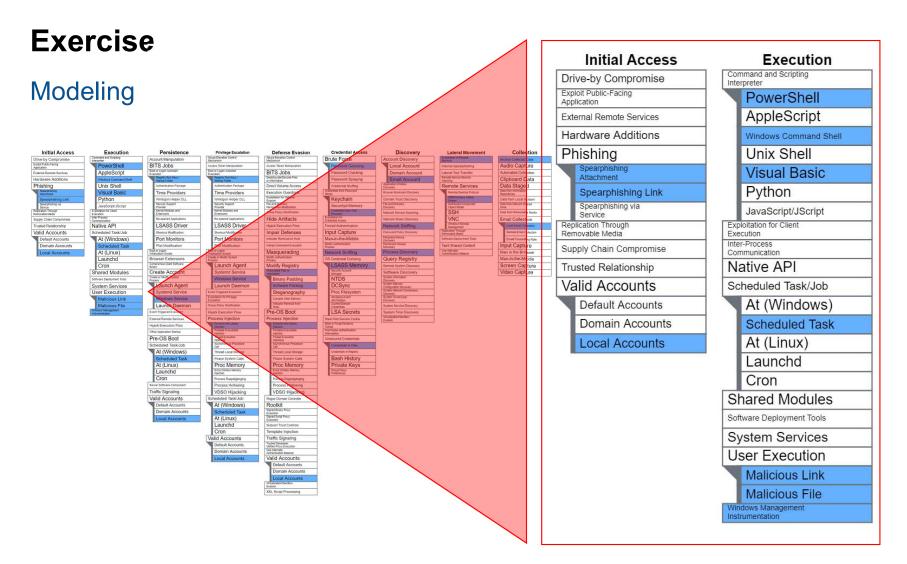
Modeling

Home > Software > Emotet

Emotet

Emotet is a modular malware variant which is primarily used as a downloader for other malware variants such as TrickBot and IcedID. Emotet first emerged in June 2014 and has been primarily used to target the banking sector. ^[1]

ID: S0367 Associated Software: Geodo Type: MALWARE Platforms: Windows Contributors: Omkar Gudhate Version: 1.2 Created: 25 March 2019 Last Modified: 15 July 2020



https://mitre-attack.github.io/attack-navigator/enterprise/#layerURL=https%3A%2F%2Fattack.mitre.org%2Fsoftware%2FS0367%2FS0367-enterprise-layer.json

Modeling

Emotets Multi Stage Payload

Stage1

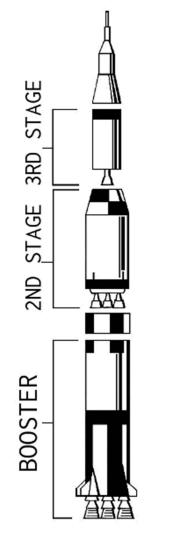
- Send an E-Mail with Spearphishing Link
- Download, open the document and activate macros

Stage2

- Execute Powershell through WMI
- Execute the the download cradle

Stage3

- Download and execute the Emotet binary
- Unpack the malicious payload to memory
- Copy several versions of the .exe to disk



https://wpclipart.com/space/ships/more_space craft/rocket_booster_and_stages.png

Modeling

Emotet's persistence:

• Writes to registry (autostart)

When it becomes local admin:

- Creates Services
- DropsExecutable (as Service)

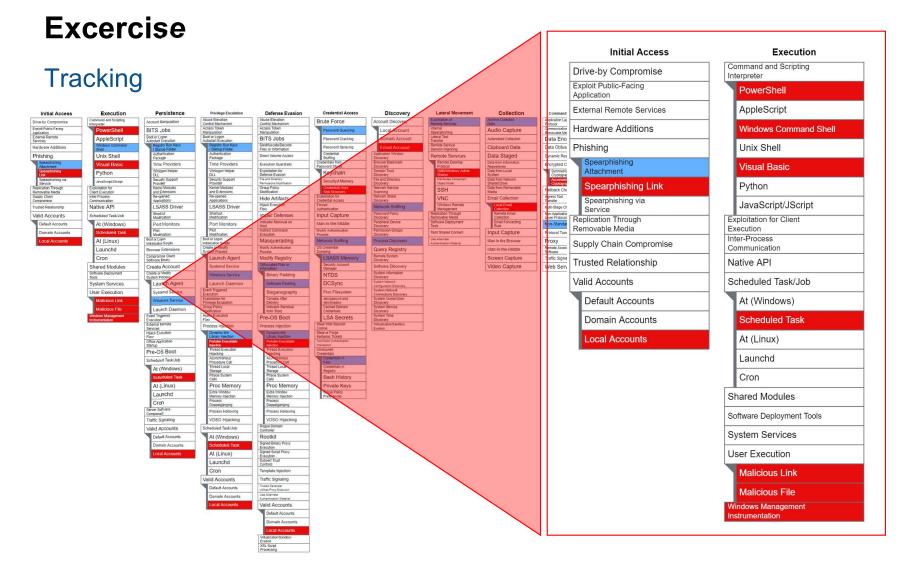
Credential Access:

- Browser Passwords
- E-Mail Passwords

Lateral Movement:

• Admin shares (C\$,Admin\$)





https://mitre-attack.github.io/attack-navigator/enterprise/#layerURL=https%3A%2F%2Fattack.mitre.org%2Fsoftware%2FS0367%2FS0367-enterprise-layer.json

Preparations

Infrastructure:

- internally or externally
- Domains
- IP-Adresses
- Hosting payloads
- Command and Control

Testcases aligned to the ATT&CK TTPs

- Phishing E-Mail
- Malicious Documents
- Malware
- Testcases for persistence
- Attack Scripts & Payloads
- User which will get attacked

Indicators of Compromise (IOCs)

Email subject lines

Payment Remittance Advice Numero Fattura 2019...

Malicious Word documents

eee144531839763b15051badbbda9daae38f60c02abaa7794a046f96a68cd10b fb25f35c54831b3641c50c760eb94ec57481d8c8b1da98dd05ba97080d54ee6a bee23d63404d97d2b03fbc38e4c554a55a7734d83dbd87f2bf1baf7ed2e39e3e 5d9775369ab5486b5f2d0faac423e213cee20daf5aaaaa9c8b4c3b4e66ea8224

Hacked websites hosting the Emotet binary

danangluxury[.]com/wp-content/uploads/KTgQsblu/ gcesab[.]com/wp-includes/customize/zUfJervuM/ autorepuestosdmt[.]com/wp-content/CiloX1ptl/ covergt[.]com/wordpress/geh7I30-xq85i1-558/ zhaoyouxiu[.]com/wp-includes/vxqo-84953w-5062/ rockstareats[.]com/wp-content/themes/NUOAajdJ/ inwil[.]com/wp-content/oyFhKHoe inesmanila[.]com/cgi-bin/otxpnmxm-3okvb2-29756/ dateandoando[.]com/wp-includes/y0mcdp2zyg_lx14j2wh2-0551284557/

Emotet binaries

8f05aa95aa7b2146ee490c2305a2450e58ce1d1e3103e6f9019767e5568f233e 7080e1b236a19ed46ea28754916c43a7e8b68727c33cbf81b96077374f4dc205 61e0ac40dc2680aad77a71f1e6d845a37ab12aa8cd6b638d2dbcebe9195b0f6 f5af8586f0289163951adaaf7eb9726b82b05daa3bb0cc2c0ba5970f6119c77a 6076e26a123aaff20c0529ab13b2c5f11259f481e43d62659b33517060bb63c5

Post-infection traffic (C2s)

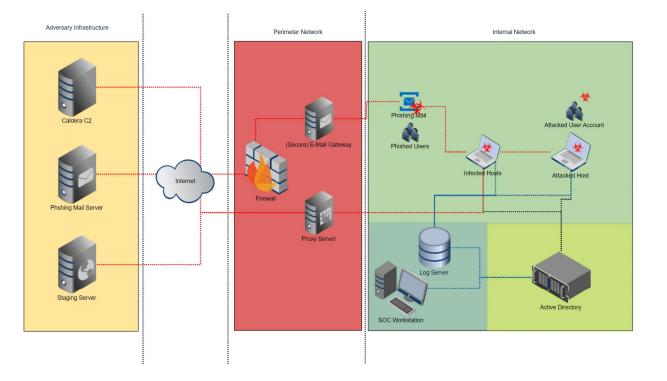
187[.]155[.]233[.]46 83[.]29[.]180[.]97 181[.]36[.]42[.]205

https://blog.malwarebytes.com/botnets/2019/09/emotet-isback-botnet-springs-back-to-life-with-new-spam-campaign/

Preparations

Exercise Environment:

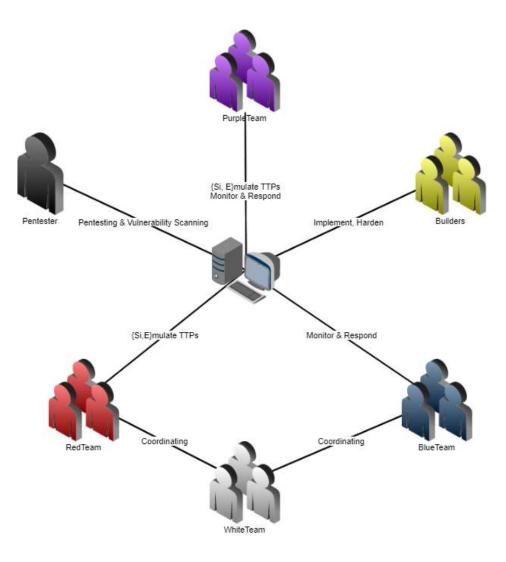
- Integrated Setup
- Add exclusions to
 preventive security software
- Make sure that everything is logged



Preparation

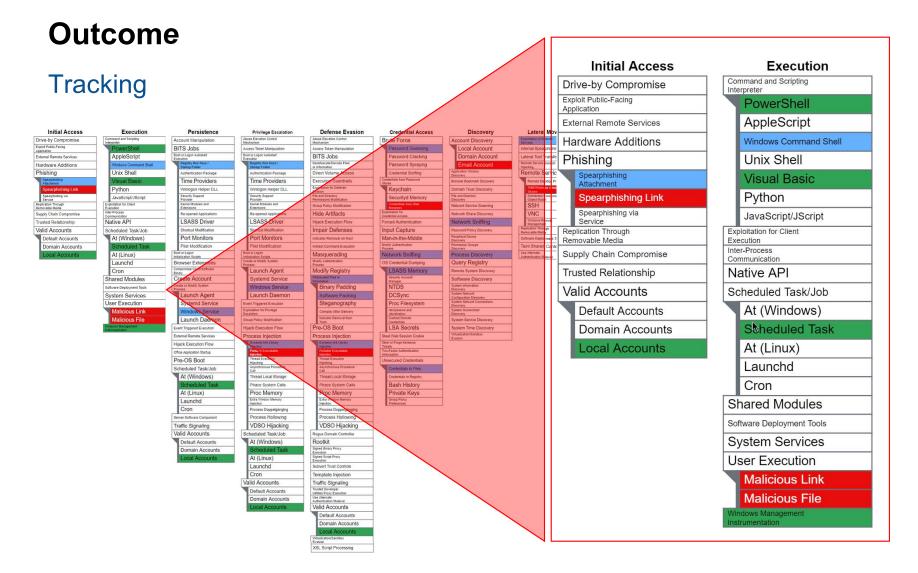
People

- IT-Security
- SIEM Team
- Threat Hunters
- Administrators
- CISO



Demo

Simulating Emotet



https://mitre-attack.github.io/attack-navigator/enterprise/#layerURL=https%3A%2F%2Fattack.mitre.org%2Fsoftware%2FS0367%2FS0367-enterprise-layer.json

Outcome

What was it good for?!

Gaps

- Missing client logging
- Missing firewall logging
- Processes paralysis

Validated

- Existing rules
- Logging on DC

Future Opportunities

• Improve and Repeat



Purple Teaming: Combining Red and Blue team tactics in one exercise can help improve detection. In conclusion all teams have one common goal; Protect the network!



Ressources and References

- https://github.com/mitre/caldera
- <u>https://github.com/DefensiveOrigins/APT06202001</u>
- https://attack.mitre.org/
- <u>https://www.csacademy.nl/images/scripties/2018/Paul_Pols__The_Unified_Kill_Chain_1.pdf;</u>
 Paul Pols
- <u>https://www.lockheedmartin.com/content/dam/lockheed-martin/rms/documents/cyber/LM-</u> <u>White-Paper-Intel-Driven-Defense.pdf;</u> Eric M. Hutchins, Michael J. Cloppert, Rohan M. Amin, Ph.D.
- <u>https://thehelk.com/intro.html</u>; @Cyb3rWard0g
- <u>https://www.thec2matrix.com/matrix; jorgeorchilles @brysonbort @Adam_Mashinchi</u>
- <u>https://blog.malwarebytes.com/botnets/2019/09/emotet-is-back-botnet-springs-back-to-life-with-new-spam-campaign</u>